

## 1. EMPOWERING EDUCATORS

*(3-day module for Teachers & Educators)*



The Indian education sector is witnessing paradigm changes. Our society has high regard for academic excellence and this amounts to additional pressure on educators to be brilliant in the classroom and excellent role models outside the classroom.

Teaching is a vocation. The 3-day program is aimed at empowering educators with effective tools for teaching, assessment, and formation of students to become responsible citizens. The course will include topics such as: Re-imagining Education for the Present Time, Motivation of learners, classroom management, teaching strategies, assessment of learners, reflective teaching, formation of future leaders, developmental psychology.

## 2. SAFEGUARDING CHILDREN FROM ABUSES

*(4-day module for clergy, religious, formators, educators)*



There is a culture of silence with regard to the sexual abuse of children in the church and in society. Pope Francis adopted a 'zero tolerance' policy in the Catholic Church

towards clergy accused of sexual abuse. *Vos Estis Lux Mundi*, calls on every local church and Congregation to set up child protection policies and a reporting procedure for allegations of abuse. The 4-day program intends to train the clergy, religious, formators, and educators to prevent and protect children under their care from abuses of all sorts, understand the dynamics of abuse, accompany survivors of abuse, and identify 'red flags' or potential perpetrators and their *modus operandi*.

## 3. LEADERSHIP AND GOVERNANCE

*(3-day module for Community Animators)*



Today Religion and Society need leaders with integrity, courage, and imagination. Effective leadership involves character and skills. Some people learn and acquire those

skills more naturally than others. But leadership skills can be learned and developed with practice. This module is designed for persons in positions of responsibility. The sessions will also include principles, characteristics, community animation, and goals of moral leadership, eliciting dialogue, and reconciliation.

## 4. SKILLS FOR ACCOMPANIMENT

*(3-day module for Animators, Formators, and Educators)*



One of the main tasks of formation is to accompany a person in his/her personal discernment, and personal transformation. This module will provide you with useful skills especially in

listening and accompanying formees, as well as it will change your attitude and style in the way you interact with people in formal or informal conversations.

## 5. PERSONAL GROWTH AND RENEWAL

*(3-day module for Young and middle aged Religious)*



A human person is the sum total of physical, intellectual, emotional, social, and spiritual components. This module is designed to help the participants to gain better understanding and deeper integration of their psycho-

spiritual developmental journeys and achieve greater personal and vocational maturity.

## 6. SPIRITUAL DIRECTION

*(3 day module for Priests and Religious)*



The main focus of Spiritual Direction or sometimes called as Spiritual Companionship is the relationship between God and the Directee. A Spiritual Director facilitates this process. Counseling and

spiritual direction are not the same, though some of the process and goals may overlap. The course will enhance those in formation and pastoral ministry to accompany persons in their spiritual journey.

## 7. MANAGEMENT OF FINANCES

*(3 day module for Administrators, Animators)*



This module is to help organizations, societies, congregations, dioceses to understand and handle judiciously and efficiently issues

concerning accounting, book keeping, budgeting, and investments. The course will include latest governmental regulations related to accounts and taxes, especially with regard to amended FCRA regulations, do's and don'ts for financial management.

## 8. RETREATS, COUNSELING, SPIRITUAL DIRECTION

*(For Seminarians, Priests, Religious, and lay people)*



Prayer, retreat, counseling, and spiritual direction constitute an integral part of a person's ongoing formation and journey of inner transformation. MIIT can facilitate and assist

seminarians, priests, religious, and laity who needs such accompaniment either as individuals or in groups.



## 9. ECOLOGICAL CONVERSION

(2 Days: *Entering into the spirituality of Laudato Si'*)

This program led by a member of the Laudato Si' Movement team will explore the message of Pope Francis' encyclical Laudato Si' and unpack the spirituality, science and the urgency of ecological action. Highly recommended for those who are passionate about ecology and are *Ecology animators in schools, parishes, and communities*

## 10. UNDERSTANDING ME, UNDERSTANDING OTHERS

(2 Days: *An invitation to deeper self-awareness and integration*)

In this program, we will journey with the insights of MBTI (a highly popular method of personality appraisal) leading not only to greater personal effectiveness but also to meaningful inter-personal relationships. The trainer is officially certified in MBTI. Highly recommended for *junior religious and seminarians*.

## 11. CONFLICT TRANSFORMATION

(2 Days: *A toolkit for authentic and compassionate communication*)

In this two-day program, we will learn skills of NVC (Nonviolent Communication) with the goal of transforming conflict that we experience in our communities, families and workplace and build our capacity to have crucial conversations with empathy and courage. The trainer is a doctoral research scholar on this subject. Highly recommended for *community leaders, principals and actually everyone*.

### KEY RESOURCE PERSONS

Abraham Mattakottil CSC, PhD Psychology & Counseling

KJ Abraham, CSC, Licentiate in Psychology & Counseling

Ms Dipsha M. D'Souza, Chartered Accountant.

Bro. Sunil Britto, CFC, MSc Psych, PhD Research Scholar

Gratian Carlo, SJ. M.S & Licentiate in Psychology.

George Jacob, CSC, MA. M.Ed. PGDSL.M.

Theophilus Sohtun, CSC, M.Sc. Clinical Psychology

## COACHING FOR ALL-INDIA COMPETITIVE EXAMS



Satellite  
Education  
Pvt. Ltd.

MIIT offers coaching for UPSC Civil Service Exam in collaboration with ALS. The coaching is through VSAT means transmitting Live Classes from Delhi to over 81 centers all over

India. In Shillong the MIIT center was inaugurated in 2015. Students of Under Graduate or Graduate in any stream can enroll for the course through online (<http://www.alsias.net/VSAT/StudentLogin>) or visit the Centre for more information and registration. Call +91 8257865257 for more information.

### MIIT CAMPUS AND CONNECTIVITY

MIIT is situated in the heart of Shillong, the Hill Capital of Meghalaya. The altitude is approximately 1500 meters above sea level. The weather is generally pleasant, with temperature ranging from 12<sup>o</sup>-28<sup>o</sup>C, though winter can be a bit chill (4<sup>o</sup>-12<sup>o</sup>C). Shillong is connected with Guwahati International Airport (125km); and Guwahati Railway station (100kms). Shillong airport situated at Umroi, is about 25kms from the city, and it has regular flights connected with Kolkata, Aizawl, Imphal, Silchar, Agartala, and Dibrugarh.

MIIT is a green campus. There are 30 individual rooms, one seminar room (30 single tables), a hall (150 people), dining room (150 people), a parking space (100 cars), and clean water. It is a walking distance to most of the tourist spots of the city, like Cathedral Church, Parks, restaurants, and Markets.

**NOTE: Dates for each modules are flexible, and all the programs mentioned here can be arranged as per group's or participants' convenience. If your communities/institutions are interested in any of the programs, we will be happy to assist you in these modules and more.**



## MOREAU INSTITUTE OF INTEGRAL TRAINING

*The Congregation of Holy Cross*

*Province of North East India*



*For Enabling Leadership that can Empower*

### 2023 PROGRAMS

### VISION-MISSION

Individuals are whole-persons with minds, bodies, emotions and spirit needing integral accompaniment as they strive to deal with the challenges of the information age in which they live and work. The institute is born out of a dream of accompanying individuals as they develop their whole-person potentials for wholesome living, enabling leadership, empowering animation of communities and effective management of resources with ethical consciousness and social responsibilities.

### MIIT FACILITIES OPEN

MIIT Facilities are best suited and available for workshops, seminars, and retreats for groups, govt. agencies and NGOs with prior bookings.

### ADDRESS ALL CORRESPONDENCE TO

Director/Administrator  
Moreau Institute of Integral Training  
Brookdene, Jowai Road, Shillong,  
Meghalaya 793 003  
Telephone: Office (91) 364 2505535  
Mobile 9402358806 OR 9612663321  
Email: [miitshillong@gmail.com](mailto:miitshillong@gmail.com)